Facilitators:
Dr Annemaree Bickerton (Child, Adolescent and Family Psychiatrist) and Toni Garretty (Clinical Coordinator Family and Carer Mental Health Program)

An intervention for
FAMILIES AND CARERS

"Staying Connected When Emotions Run High"

This FREE workshop will be extremely relevant if you support someone (between 12 years to 100 years) who experiences any of the following:

- Has relationship difficulties
- Demonstrates changing emotions and strong overwhelming feelings
- Displays impulsive & destructive behaviour e.g. cutting
- Has a diagnosis of Personality Disorder

Date:
Thursday 5 May 2016

Time:
9.30am - Registration
10.00am to 4.30pm - Workshop

Venue:
Lecture Theatre
University Department of Rural Health (UDRH) Tamworth Hospital
114-148 Johnston Street
Tamworth

Morning tea and lunch will be provided.

RSVP:
Numbers are limited.

Please register by FRIDAY 22 APRIL 2016 and advise dietary requirements with Stan Bolden by fax 02 6776 4885 or email Stan.Bolden@hnehealth.nsw.gov.au
REGISTRATION FORM

An Intervention for Families and Carers

‘Staying Connected When Emotions Run High’

Dr Annemaree Bickerton & Toni Garretty

Where: Lecture Theatre, Department of Rural Health, Tamworth Hospital, 114-118 Johnston St, TAMWORTH

When: Thursday 8 May 2016
09:30-10:00 Sign in
10:00-16:30 Workshop (includes morning tea & lunch)

Cost: Free

NAME: ......................................................................................................................

TITLE/ROLE: ...........................................................................................................

(AGENCY): ................................................................................................................

EMAIL: ....................................................................................................................

CONTACT PHONE: .................................................................................................

PLEASE RETURN THIS FORM BY FRIDAY 22 APRIL 2016 TO

FAX: 6776 4885 [attention: Stan Bolden]

Or

EMAIL: stan.bolden@hnehealth.nsw.gov.au

[Enquiries: Stan Bolden – 02 6776 9706 or Bruce Winter – 02 6767 8685]